

The Core

A Publication of Programs & Activities Sponsored by The Clarke County Parks & Recreation Department for the Winter 2016

Try It For *FREE* Fitness Day January 2, 2016

This is your chance to try before you buy!

Earth Day Walk & Clean Up April 19, 2016 *FREE*



Egg Hunt with the Easter Bunny March 19, 2016



REGISTRATION BEGINS AT 9:00 AM DECEMBER 7, 2015 FOR CLARKE COUNTY RESIDENTS AND DECEMBER 9, 2015 FOR NON-CLARKE COUNTY RESIDENTS, UNLESS OTHERWISE NOTED IN PROGRAM DESCRIPTION.

POSTAL PATRON

Phone: 540-955-5140 • Fax: 540-955-4049
email: ccpr@clarkecounty.gov
www.clarkecounty.gov/parks

Clarke County
Parks & Recreation
225 Al Smith Circle • Berryville, VA 22611

PRSRT STD
U.S. POSTAGE
PAID
Berryville, VA
Permit No.
3084



Recreation Center Hours

October 1 – May 31

Monday – Friday	9:00-AM – 9:00 PM
Saturday	10:00 AM – 9:00 PM
Sunday	12:00 noon – 7:00 PM

June 1– September 30

Monday – Friday	9:00 AM – 6:00 PM
Saturday	12:00 noon – 6:00 PM
Sunday	CLOSED

Holiday Hours:

The Recreation Center is closed:

Thursday, December 24th
 Friday, December 25th
 Friday, January 1st
 Sunday, March 27th

Abbreviated Schedule:

Saturday, December 26th 12:00-6:00
 Thursday, December 31st 9:00-1:00

Parks & Recreation Staff

Lisa Cooke, CPRP
Director

Tanya Myers
Administrative Services Manager

Shannon Martin, CPRP
Recreation Program Coordinator

Tracey Pitcock, MES
Recreation Program Coordinator

Melinda Seals
Childcare Specialist

Brandon Kovak
*Recreation Manager & Facilities
 Superintendent*

Ann Boothe
Customer Service Specialist

INSTRUCTORS NEEDED

Do you have a special talent that you would like to share with others?

Call 540-955-5140 for more information
 or stop by the Clarke County Recreation Center
 for an employment application.

Birthday Party Packages:

The Clarke County Recreation Center offers Birthday Party packages and many options to meet your budget and help you plan the perfect party. Packages include set-up, clean up, room rental and/or gym rental, decorations and gift bags, so relax and let us do the work!

Please call the birthday party coordinator at **540-955-5140** for more information and to schedule parties. Please book at least 3 weeks in advance! *A limited number of dates are available.*

Fee Schedule

General Admission and Discount Passes

Age	Base-Fee (Non-resident)	Discount Fee* (County Resident)
3-5	\$2.50	\$1.50
6-15	\$3.00	\$2.00
15-54	\$4.00	\$3.00
Seniors (55+)	\$2.50	\$1.50
6-15 Discount Pass	\$50.00	\$30.00
16-54 Discount Pass	\$70.00	\$50.00
55+ Discount Pass	\$40.00	\$20.00
Child Year Pass	N/A	\$100.00
Youth Year Pass	N/A	\$200.00
Adult Year Pass	N/A	\$300.00
Senior Year Pass	N/A	\$100.00
Family Year Pass	N/A	\$500.00

*Proof of residency required



Arts & Crafts

Guild of Fabric Artists

Activity #:	Date:	Day:	Age:	Time:	Fee:
240202E	1/17	SU	18+	2-4pm	\$1
240202F	2/21	SU	18+	2-4pm	\$1
240202G	3/20	SU	18+	2-4pm	\$1
240202H	4/17	SU	18+	2-4pm	\$1

Leader: Joyce Badanes

The guild of Fabric Artists is designed to support and facilitate the creation and exhibition of members' fabric art. A different study, will be explored each month. Everyone will be asked to show & tell about works in progress and completed work. 1 meeting

Shenandoah Piece Makers

Activity #:	Date:	Day:	Age:	Time:	Fee:
240202A	1/11	M	18+	6-8:30PM	\$1
240202B	2/8	M	18+	6:30-8:30PM	\$1
240202C	3/7	M	18+	6:30-8:30PM	\$1
240202D	4/11	M	18+	5:30-8:30PM	\$1

Leader: Carol Oliveri

Apple Valley Needle Threaders

Activity #:	Date:	Day:	Age:	Time:	Fee:
240201A	1/14	TH	18+	9AM-12PM	\$1
240201B	2/11	TH	18+	9AM-12PM	\$1
240201C	3/10	TH	18+	9AM-12PM	\$1
240201D	4/14	TH	18+	9AM-12PM	\$1

Leader: Linda Bishop

Apple Valley Quilting Bee

Activity #:	Date:	Day:	Age:	Time:	Fee:
240201E	1/28	TH	18+	9AM-12PM	\$1
240201F	2/25	TH	18+	9AM-12PM	\$1
240201G	3/24	TH	18+	9AM-12PM	\$1
240201H	4/28	TH	18+	9AM-12PM	\$1

Leader: Linda Bishop

These quilting clubs are open to ALL skill levels and include planned monthly programs, presentations and socializing with other quilters. The Quilting Bee allows beginners to observe, practice and ask questions while continuing crafters work on their projects. 1 meeting

Crochet & Knit Club

Activity #:	Date:	Day:	Age:	Time:	Fee:
240206F	1/6	W	12+	7:30-9PM	\$1
240206G	2/3	W	12+	7:30-9PM	\$1
240206H	3/2	W	12+	7:30-9PM	\$1
240206I	4/6	W	12+	7:30-9PM	\$1

Leader: Nikki (Sheckels) Justison

This is a fun and unstructured gathering of crochet-ers & knitters designed to support and facilitate the creations of participants. This time allows participants to observe, practice and ask questions of each other while working on their project.

Pet Portrait Painting

Activity #:	Date:	Day:	Age:	Time:	Fee:
220207A	1/20	W	6+	6:30-8:30PM	\$15*
220207B	2/17	W	6+	6:30-8:30PM	\$15*
220207C	3/16	W	6+	6:30-8:30PM	\$15*
220207D	4/20	W	6+	6:30-8:30PM	\$15*

Instructor: Sarah Childress

*An additional materials fee of \$5 is payable to the instructor at the first class. Please bring a picture of the pet you want to paint and a hair dryer to dry the paint. Participants will learn to draw, mix paint and paint their favorite pet on a stretched canvas. The finished product is a finished display worth portrait. 1 class.



Pottery

Activity #:	Date:	Day:	Age:	Time:	Fee:
220206A	1/7-28	TH	16+	6:30-8PM	\$40*
220206B	2/4-25	TH	16+	6:30-8PM	\$40*
220206C	3/3-31 (no 3/24)	TH	16+	6:30-8PM	\$40*
220206D	4/7-28	TH	16+	6:30-8PM	\$40*

Instructor: Christina Hans

*A child of a participant in these classes may participate for an additional supply fee of \$20. This is your chance to explore everything about pottery from beginner to advanced hand building and wheel throwing techniques as well as glazing and firing. All materials are included. 4 classes

Open Scrapping Time

Activity #:	Date:	Day:	Age:	Time:	Fee:
220204A	1/22	F	13+	6-8:45PM	\$1
220204B	2/19	F	13+	6-8:45PM	\$1
220204C	3/18	F	13+	6-8:45PM	\$1
220204D	4/15	F	13+	6-8:45PM	\$1

This is a fun and unstructured gathering of scrap bookers of all levels for some uninterrupted time to work on individual projects. Bring your own materials. 1 meeting

Parks & Recreation Advisory Board

Daniel Sheetz, *Chairman*

Paul Jones, *Vice-Chairman*

Steve Wisecarver

Tracy Smith

Gary Lichliter

Randy Trenary

Ronnie Huff

Dennis Heflin

Emily Rhodes

Elizabeth Dalton

P&R Advisory Board meetings are held quarterly on the third Wednesday At 6:00 PM at the Recreation Center and are open to the public.

Clarke County Community Band

This band is open to musicians of all ages. Practices are every Tuesday at 7:30PM in the Band room at Johnson Williams Middle School.

Band members need to provide their own instruments. This band plays at special events around the area.

Please call Diane Shipe at 540-955-4346 for more information.



Fitness

Private Wedding Dance Lessons

Activity #:	Date:	Day:	Age:	Time:	Fee:
250305E	1/2-4/30	SU-SA	18+	Rec Center Hrs	\$31/appt*

Instructor: Steven LaForce

*\$260.00 for a 10 appointment discount punch pass. The instructor will work with couples to design a special dance based on the Waltz, Foxtrot, Tango, Rumba, Swing, Cha cha, Hustle, salsa, and/or mambo to make your wedding dance unforgettable. Bring your special song or the instructor can provide suggestions. Mother/son and Father/daughter lessons are also available.

Private Martial Arts Lessons

Activity #:	Date:	Day:	Age:	Time:	Fee:
250305J	1/2-4/30	SU-SA	18+	Rec Center Hrs	\$31/appt*

Instructor: Steven LaForce

*\$260.00 for a 10 appointment discount punch pass. Learn the elements of Kung Fu, Karate, JuJitsu, Aikido, and Judo in this unique form of martial arts.

Personal Training

Activity #:	Date:	Day:	Time:	Age:	Fee:
250306A	1/2-4/30	SU-SA	Rec Center Hrs	16+	\$31/appt*

Trainer(s): Shirley Dunsmore, Myla Annis, Terry Fairfax

*\$260.00 for a 10-appointment discount punch pass. Individualized fitness training sessions help you attain your goals faster. After you register, a trainer will contact you to set up a mutually convenient appointment. Each appointment is at least 1 hour and occurs at the Recreation Center.

Mom & Me Fitness Class

Activity #:	Date:	Day:	Age:	Time:	Fee:
240301E	1/4-25	M	3-24mos	9-9:45AM	\$26
240301F	2/1-22	M	3-24mos	9-9:45AM	\$26
240301G	2/29-3/28 (no 3/21)	M	3-24mos	9-9:45AM	\$26
240301H	4/4-25	M	3-24mos	9-9:45AM	\$26

Instructor: Myla Annis

Exercise with your favorite "workout buddy!" Bond and spend quality time with your baby (3 mos - 24 mos) while burning calories and getting back to your pre-baby tone. 4 classes

FITT Forever

Activity #:	Date:	Day:	Age:	Time:	Fee:
240302A	1/4-25	M	55+	9-10:30AM	\$26
240302C	2/1-22	M	55+	9-10:30AM	\$26
240302E	3/7-28	M	55+	9-10:30AM	\$26
240302G	4/4-25	M	55+	9-10:30AM	\$26
240302B	1/6-27	W	55+	9-10:30AM	\$26
240302D	2/3-3/2 (no 2/10)	W	55+	9-10:30AM	\$26
240302F	3/9-30	W	55+	9-10:30AM	\$26
240302H	4/6-27	W	55+	9-10:30AM	\$26

Instructor: Jane Johnston

This class is an aerobics, strength training, & stretching class designed to revitalize participants with more energy, confidence and satisfaction. Please bring a mat and light hand weights. If class is canceled due to weather or other reason, a makeup will be held on the first available Friday. 4 classes

INSTRUCTORS NEEDED

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Call 540-955-5140 for more information or stop by the Clarke County Recreation Center for an employment application.

Fluid Motion

Activity #:	Date:	Day:	Age:	Time:	Fee:
240302I	1/4-25	M	55+	10:30-11:30AM	\$26
240302J	2/1-22	M	55+	10:30-11:30AM	\$26
240302K	3/7-28	M	55+	10:30-11:30AM	\$26
240302L	4/4-25	M	55+	10:30-11:30AM	\$26

Instructor: Jane Johnston

Fluid Motion is Feldenkrais Method® Awareness through Movement® class - perfect for reclaiming vitality and movements lost due to aging, disease and/or disuse. If class is canceled due to weather or other reason, a makeup will be held on the first available Friday. 4 classes

Kids Yoga

Activity #:	Date:	Day:	Age:	Time:	Fee:
240301A	1/11-2/1	M	8-12	4:15-5PM	\$26
240301B	2/8-29	M	8-12	4:15-5PM	\$26
240301C	3/7-4/4 (no 3/21)	M	8-12	4:15-5PM	\$26
240301D	4/11-5/2	M	8-12	4:15-5PM	\$26

Instructor: Myla Annis

This class uses yoga to promote inner-strength, confidence and self-esteem. Breathing and relaxation techniques teach children how to focus, relax and gain self-control. Participants are encouraged to bring a towel or yoga mat. 4 classes

HipHop Cardio

Activity #:	Date:	Day:	Age:	Time:	Fee:
250302A	1/4-25	M	16+	6:15-7:15PM	\$26
250302B	2/1-22	M	16+	6:15-7:15PM	\$26
250302C	3/7-28	M	16+	6:15-7:15PM	\$26
250302D	4/4-25	M	16+	6:15-7:15PM	\$26

Instructor: Nichole Tredon

Getting Fit Doesn't Have To Feel Like Work! This class combines dance and fitness with high energy and flava! Follow along and learn steps to your favorite Old Skool and New Skool Hip Hop Jams! No matter what your age or fitness level, you can have a great time while dancing your way into great shape - no experience needed. 4 classes

Zumba®

Activity #:	Date:	Day:	Age:	Time:	Fee:	Instructor:
250304A	1/4-25	M	16+	6:15-7:15PM	\$26	Stacey Chatman
250304B	2/1-22	M	16+	6:15-7:15PM	\$26	Stacey Chatman
250304C	3/7-28	M	16+	6:15-7:15PM	\$26	Stacey Chatman
250304D	4/4-25	M	16+	6:15-7:15PM	\$26	Stacey Chatman
240305A	1/4-25	M	16+	7:30-8:30PM	\$26	Deborah Randazzo-Spangler
240305B	2/1-22	M	16+	7:30-8:30PM	\$26	Deborah Randazzo-Spangler
240305C	*2/29-3/28	M	16+	7:30-8:30PM	\$26	Deborah Randazzo-Spangler
240305D	4/4-25	M	16+	7:30-8:30PM	\$26	Deborah Randazzo-Spangler
*(no 3/21)						
240305I	1/7-28	TH	16+	7:30-8:30PM	\$26	Deborah Randazzo-Spangler
240305J	2/4-25	TH	16+	7:30-8:30PM	\$26	Deborah Randazzo-Spangler
240305K	*3/3-31	TH	16+	7:30-8:30PM	\$26	Deborah Randazzo-Spangler
240305L	4/7-28	TH	16+	7:30-8:30PM	\$26	Deborah Randazzo-Spangler
*(no 3/24)						

Zumba® is all about partying yourself into shape. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party. 4 classes

Oops!! We canceled your class because we didn't know you were interested. Sometimes we have wonderful classes with excellent instructors canceled because people wait to register. Our programs have minimum enrollment requirements that must be met in order to hold the class. So don't wait, register today!



Total Fit

Activity #:	Date:	Day:	Age:	Time:	Fee:
250304Q	1/4-25	M	16+	7:30-8:30PM	\$26
250304R	2/1-22	M	16+	7:30-8:30PM	\$26
250304S	3/7-28	M	16+	7:30-8:30PM	\$26
250304T	4/4-25	M	16+	7:30-8:30PM	\$26

250304M	1/6-27	W	16+	6:30-7:30PM	\$26
250304N	2/3-24	W	16+	6:30-7:30PM	\$26
250304O	3/2-23	W	16+	6:30-7:30PM	\$26
250304P	4/6-27	W	16+	6:30-7:30PM	\$26

Instructor: Shannon Tipton of Xtreme Fit Studio

Total Fit is a bootcamp style class for men and women. The class includes interval training using a combination of body weight, strength and cardio exercises. Modifications offered to accommodate varying levels of fitness. Bring a mat, hand weights (if you have them), and water. Every class is different! 4 classes

Yoga Tone

Activity #:	Date:	Day:	Age:	Time:	Fee:
250304E	1/5-26	TU	16+	6:30-7:30PM	\$26
250304F	2/2-3/1 (no 2/9)	TU	16+	6:30-7:30PM	\$26
250304G	3/8-29	TU	16+	6:30-7:30PM	\$26
250304H	4/5-26	TU	16+	6:30-7:30PM	\$26

Instructor: Shirley of Xtreme Fit Studio

This is a mixed level combination yoga, toning, and strength training class. Modifications to increase/decrease difficulty will be offered. Emphasis will be on postures, breathing, and strength training exercises to tone the whole body. A yoga mat is recommended. 4 classes

Strength & Stretch

Activity #:	Date:	Day:	Age:	Time:	Fee:
240302Q	1/6-27	W	55+	10:30-11:30AM	\$26
240302R	2/3-3/2 (no 2/10)	W	55+	10:30-11:30AM	\$26
240302S	3/9-30	W	55+	10:30-11:30AM	\$26
240302T	4/6-27	W	55+	10:30-11:30AM	\$26

Instructor: Jane Johnston

This class will utilize weights, bands, balls, and tubes to improve participant's strength, flexibility and bone health. If classes cancel because of weather or other reasons, classes will be made up the first possible Friday. 4 classes

Lunchtime Tai Chi

Activity #:	Date:	Day:	Age:	Time:	Fee:
240302U	1/6-27	W	55+	12-1PM	\$26
240302V	2/3-3/2 (no 2/10)	W	55+	12-1PM	\$26
240302W	3/9-30	W	55+	12-1PM	\$26
240302X	4/6-27	W	55+	12-1PM	\$26

Instructor: Jane Johnston

Tai Chi is ancient practice proven to reduce pain and improve your mental and physical well-being. This class will help participants reduce stress, increase balance and flexibility, feel relaxed and improve overall mind, body, and spirit. If classes cancel because of weather or other reasons, classes will be made up the first possible Friday. 4 classes

Rest & Renew Yoga

Activity #:	Date:	Day:	Age:	Time:	Fee:
240302M	1/6-27	W	55+	1-2PM	\$26
240302N	2/3-3/2 (no 2/10)	W	55+	1-2PM	\$26
240302O	3/9-30	W	55+	1-2PM	\$26
240302P	4/6-27	W	55+	1-2PM	\$26

Instructor: Jane Johnston

This is a gentle yoga class with emphasis on restorative yoga postures, relaxation and breathing. Join us for a mid-week relaxation break. Please bring a mat. Also bring a blanket, block or any props that you have. If class is canceled due to weather or other reason, a makeup will be held on the first available Friday. 4 classes

WERQ

Activity #:	Date:	Day:	Age:	Time:	Fee:
240301M	1/6-27	W	16+	7:45-8:45PM	\$26
240301N	2/3-24	W	16+	7:45-8:45PM	\$26
240301O	3/2-23	W	16+	7:45-8:45PM	\$26
240301P	4/6-27	W	16+	7:45-8:45PM	\$26

Instructor: Myla Annis

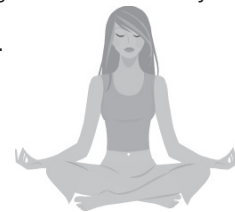
WERQ is a fiercely fun dance fitness class based on pop, rock, and hip hop music. WERQ takes today's hottest songs you know and fuses them with high energy, easy dance moves for a calorie torching. All levels of fitness and dance ability are welcome! 4 classes

Kickboxing

Activity #:	Date:	Day:	Age:	Time:	Fee:	Instructor:
240301I	1/7-28	TH	16+	6:20-7:20PM	\$26	Myla Annis
240301J	2/4-25	TH	16+	6:20-7:20PM	\$26	Myla Annis
240301K	3/3-24	TH	16+	6:20-7:20PM	\$26	Myla Annis
240301L	4/7-28	TH	16+	6:20-7:20PM	\$26	Myla Annis

250310A	1/8-29	F	16+	6:30-7:30PM	\$26	Terry Fairfax
250310B	2/5-26	F	16+	6:30-7:30PM	\$26	Terry Fairfax
250310C	3/4-25	F	16+	6:30-7:30PM	\$26	Terry Fairfax
250310D	4/1-22	F	16+	6:30-7:30PM	\$26	Terry Fairfax

Kickboxing is high-energy, intense, aerobic exercise guaranteed a total body workout! This calorie-burning hour consist of basic punches, kicks, simple combinations and basic drills. Proper technique will be taught safely. Experience a conditioning workout that will also improve your balance, flexibility and coordination! **Friday classes will utilize portable strike bags and jump ropes in the class.** 4 classes



Hatha Yoga

Activity #:	Date:	Day:	Age:	Time:	Fee:
250313A	1/7-28	TH	16+	6:30-7:30PM	\$26
250313B	2/4-25	TH	16+	6:30-7:30PM	\$26
250313C	3/3-24	TH	16+	6:30-7:30PM	\$26
250313D	4/7-28	TH	16+	6:30-7:30PM	\$26

Instructor: Kristin Grubb

A gentle yoga that uses standing and sitting poses to stretch the whole body, breathe awareness to wash away stress, and relaxation to cleanse your mind at the end of the day. 4 classes

Ballroom Dance

Activity #:	Date:	Day:	Age:	Time:	Fee:
250620A	1/8-29	F	16+	8-9PM	\$26
250620B	2/5-26	F	16+	8-9PM	\$26
250620C	3/4-25	F	16+	8-9PM	\$26
250620D	4/1-22	F	16+	8-9PM	\$26

Instructor: Steven LaForce

This class is an introduction to the Foxtrot, Tango, and Waltz. Beginners & continuing students welcome. 4 classes

Strength Training

Activity #:	Date:	Day:	Age:	Time:	Fee:
250310E	1/8-29	F	16+	7:45-8:45PM	\$26
250310F	2/5-26	F	16+	7:45-8:45PM	\$26
250310G	3/4-25	F	16+	7:45-8:45PM	\$26
250310H	4/1-22	F	16+	7:45-8:45PM	\$26

Instructor: Terry Fairfax

This class will incorporate strength training exercises for improved muscle strength, cardio training for increased endurance, stretching to expand participant's flexibility and balance exercises. 4 classes



Zumba® Gold

Activity #:	Date:	Day:	Age:	Time:	Fee:
240301U	1/8-29	F	55+	11:30AM-12:15PM	\$26
240301V	2/5-26	F	55+	11:30AM-12:15PM	\$26
240301W	3/4-25	F	55+	11:30AM-12:15PM	\$26
240301X	4/1-22	F	55+	11:30AM-12:15PM	\$26

Instructor: Myla Annis

This class is perfect for active older adults and/or students just starting their fitness journey who are looking for a modified Zumba® class that recreates the original popular moves at a lower-intensity. The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. Come ready to sweat, and prepare to leave empowered and feeling strong. 4 classes

Senior Circuit

Activity #:	Date:	Day:	Age:	Time:	Fee:
240301Q	1/8-29	F	55+	12:15-1:15PM	\$26
240301R	2/5-26	F	55+	12:15-1:15PM	\$26
240301S	3/4-25	F	55+	12:15-1:15PM	\$26
240301T	4/1-22	F	55+	12:15-1:15PM	\$26

Instructor: Myla Annis

This workout offers standing, low impact choreography alternating with standing upper-body strength workout with handheld weights, elastic tubing w/ handles and balls. A circuit-interval format improves cardiovascular endurance, muscular strength, endurance, agility, balance and coordination! This class is ideal for active seniors. 4 classes

Kempo

Activity #:	Date:	Day:	Age:	Time:	Fee:
250305S	1/9-30	SA	7-17	3-4PM	\$26
250305T	2/6-27	SA	7-17	3-4PM	\$26
250305U	3/5-26	SA	7-17	3-4PM	\$26
250305V	4/2-23	SA	7-17	3-4PM	\$26
250305K	1/9-30	SA	18+	5:30-6:30PM	\$26
250305L	2/6-27	SA	18+	5:30-6:30PM	\$26
250305M	3/5-26	SA	18+	5:30-6:30PM	\$26
250305N	4/2-23	SA	18+	5:30-6:30PM	\$26

Instructor: Steven Laforce

Learn the elements of Kung Fu, Karate, JuJitsu, Aikido, and Judo in this unique form of martial arts. 4 classes

Little Ninjas

Activity #:	Date:	Day:	Age:	Time:	Fee:
250305F	1/9-30	SA	3-6	4-4:30PM	\$13
250305G	2/6-27	SA	3-6	4-4:30PM	\$13
250305H	3/5-26	SA	3-6	4-4:30PM	\$13
250305I	4/2-23	SA	3-6	4-4:30PM	\$13
250305O	1/9-30	SA	3-6	4:45-5:15PM	\$13
250305P	2/6-27	SA	3-6	4:45-5:15PM	\$13
250305Q	3/5-26	SA	3-6	4:45-5:15PM	\$13
250305R	4/2-23	SA	3-6	4:45-5:15PM	\$13

Instructor: Steven LaForce

This is an introduction to martial arts. Emphasis is placed on focus, memory, coordination drills and character development. 4 classes

Self-Defense Basics Workshop

Activity #:	Date:	Day:	Age:	Time:	Fee:
250305A	1/16	SA	16+	6:45-8:45PM	\$13
250305B	2/13	SA	16+	6:45-8:45PM	\$13
250305C	3/19	SA	16+	6:45-8:45PM	\$13
250305D	4/9	SA	16+	6:45-8:45PM	\$13

Instructor: Steven LaForce

Learn awareness of ones surroundings, how to create escape routes, hit & run tactics, releases from holds, fighting strategies and use of common objects as self-defense tools. 1 class

General Interest

Nurturing Parenting

Activity #:	Date:	Day:	Age:	Time:	Fee:
240602I	1/18-2/22 (no 2/8)	M	16+	5-8PM	FREE*
240602J	3/14-4/18 (no 4/11)	M	16+	5-8PM	FREE*

Instructor: Adriana Myers of the Laurel Center

*For more information or to register, please call 540-667-6160. This FREE 5-week group based parenting class will teach parents the philosophy of nurturing parenting, brain development, discipline, building empathy and self-worth, positive ways to deal with anger and stress and alternatives to spanking. By attending this group you can learn ways to enhance your relationships with your children and build happier family dynamics through healthy communication and respect. All parents, caregivers, youth service workers, and other interested community members are welcome!

Red Cross Babysitter Training

Activity #:	Date:	Day:	Age:	Time:	Fee:
250614B	2/15	M	11-15	9AM-3:30PM	\$70

Instructor: Mary Veilleux

This course can help participants care for children and infants, be a good leader and role model, make good decisions and solve problems, keep the children you baby-sit and yourself safe, handle emergencies such as injuries, illnesses and household accidents, and much more! Bring a packed lunch. Successful completion of final tests is required for certification. 1 class

How to Become a Mystery Shopper Training

Activity #:	Date:	Day:	Age:	Time:	Fee:
240616A	2/16	TU	16+	7:30-8:30PM	\$22
240616B	3/15	TU	16+	7:30-8:30PM	\$22
240616C	4/19	TU	16+	7:30-8:30PM	\$22

Instructor: Meghan Hardy

What's better than shopping? Getting paid to shop! This class is designed to teach you how to get started as a mystery shopper. Learn the specifics of what is required of a mystery shopper, how to find legitimate companies, how to sign up to work for them and how you get paid. *This class is for informational purposes only. You will not be asked for money during the class.*

Parenting Topics

Activity #:	Date:	Day:	Topic:	Age:	Time:	Fee:
240602A	2/16	TU	Accommodating Disorders	16+	6:15-7:15PM	\$19
240602B	2/23	TU	Basic Anger Management	16+	6:15-7:15PM	\$19
240602C	3/15	TU	Bullying	16+	6:15-7:15PM	\$19
240602D	3/22	TU	Prescription Drug Awareness	16+	6:15-7:15PM	\$19
240602E	4/19	TU	Teaching Resiliency	16+	6:15-7:15PM	\$19
240602F	4/26	TU	Communicating w/ teens	16+	6:15-7:15PM	\$19

Instructor: Tara Nelson of CLEAN

Accommodating Disorders: Discussion will focus on strategies to manage stressful behaviors among children. Strategies will include tools caretakers.

Basic Anger Management tools: Learn what is beneath the anger and how to effectively manage it by teaching your children resiliency skills and other tools.

Bullying: Explain bullying to children in an understandable format whether he/she is the one being bullied or the one doing the bullying. How you can address bullying with adults in supervisory positions at the time of a bullying incident.

Prescription Drug Awareness: Prescription abuse is on the rise. Learn the local trends and how to educate your child about the dangers of taking medication that is not their personal prescription. Discussion will include the importance of locking medications up in your home and safe ways to dispose of unused medications.

Teaching Resiliency: How to teach your child to deal with the pitfalls of life and bounce back, and maybe even bounce a little farther!

Communicating Effectively: It is possible to have good communication with your pre-teen and teenage children! Learn effective communication skills and the benefits of active listening. 1 class



Step-Parenting: Creating Paths to Strong Families

Activity #:	Date:	Day:	Age:	Time:	Fee:
240601A	1/12	TU	18+	6:30-8:30PM	\$29/parent*
240601B	2/9	TU	18+	6:30-8:30PM	\$29/parent*
240601C	3/8	TU	18+	6:30-8:30PM	\$29/parent*
240601D	4/12	TU	18+	6:30-8:30PM	\$29/parent*

Instructors: Sarah Childress, M.Ed. & Carmela Crawford, LPC, RPT

Step parenting offers unique scenarios and situations that differ from biological parenting. This educational session will explore how cope, cooperate, and understand the issues of step parenting in order to build stronger happier merged family. 1 class.

DoTerra Essential Oils Classes

Activity #:	Date:	Day:	Topic:	Age:	Time:	Fee:
241319B*	1/27	W	Emergency Prep	16+	6:15-8:45PM	\$4
241319C	2/10	W	Natural Cleaning	16+	6:15-8:45PM	\$4
241319D	3/9	W	Mood Matrix	16+	6:15-8:45PM	\$4
241319E	4/6	W	In the nursery	16+	6:15-8:45PM	\$4

Instructor: *Lorrie Roberts unless otherwise noted.

Emergency Preparedness - focuses on why essential oils are the perfect addition to your emergency preparedness plans, and which oils to choose for different emergency scenarios. **Natural Cleansing with Essential Oils** - Kick those nasty chemical cleansers to the curb. We will offer you great smelling alternatives for you to clean with that are safe to use around your entire family that you make yourself for a fraction of the cost. **Mood Matrix** - do you wish you had a healthy way to help manage mood swings? Essential oils provide a very quick pathway to the brain to help balance and calm the emotions.

Essential Oils in the Nursery - Come explore all the tips and tricks of using essential oils in the nursery. From soothing baby's bottom to quieting their tummy troubles, babies can feel better with essential oils. 1 class

Virginia Cooperative Extension "Money Management Clinic"

Activity #:	Date:	Day:	Age:	Time:	Fee:
240620A	1/13	W	16+	6:30-8PM	Free*
240620B	3/2	W	16+	6:30-8PM	Free*

Instructors: VCE Master Financial Education Volunteers.

***Must** register by phone or e-mail **at least 3 days** in advance. Call Karen Poff at Virginia Cooperative Extension, **540-635-4549** or e-mail **kpoff@vt.edu**. Sessions with fewer than 10 registrations will be cancelled. Participants will learn how to take control of their finances and prevent common financial mistakes. They will also have the opportunity to ask questions on financial topics such as budgeting, credit and debt and to learn about community resources. 1 class

Card Club

Activity #:	Date:	Day:	Age:	Time:	Fee:
220204E	1/8	F	16+	6-8:45PM	\$1
220204F	2/5	F	16+	6-8:45PM	\$1
220204G	3/4	F	16+	6-8:45PM	\$1
220204H	4/1	F	16+	6-8:45PM	\$1

Bring your playing cards and join in some friendly card games such as Bridge, Spade, Gin Rummy, Rummy, Poker, Hearts, Euchre, and more. Participants need to know how to play and score the various card games.

Pokemon Card Club

Activity #:	Date:	Day:	Age:	Time:	Fee:
220204I	1/15	F	7+	6:30-8:30PM	\$1
220204J	2/12	F	7+	6:30-8:30PM	\$1
220204K	3/11	F	7+	6:30-8:30PM	\$1
220204L	4/8	F	7+	6:30-8:30PM	\$1

Leader: Mary Ivie

All ages and skill levels welcome. Bring your 60 card deck and join the battle. No deck? No problem, the leader will have some decks available for use. Participants are encouraged to bring a friend. 1 meeting

NEW!!! Mandarin (Chinese) as a Second Language

Activity #:	Date:	Day:	Age:	Time:	Fee:
251305B	1/7-28	TH	5-10	4:30-5:15PM	\$33
251305C	1/7-28	TH	11+	5:15-6PM	\$33
251305E	2/4-25	TH	5-10	4:30-5:15PM	\$33
251305F	2/4-25	TH	11+	5:15-6PM	\$33
251305H	3/3-31 (No 3/24)	TH	5-10	4:30-5:15PM	\$33
251305I	3/3-31 (No 3/24)	TH	11+	5:15-6PM	\$33
251305K	4/7-28	TH	5-10	4:30-5:15PM	\$33
251305L	4/7-28	TH	11+	5:15-6PM	\$33

Instructor: Lee-Min Ho

Chinese is one of the oldest languages in the world. After 4 weeks of training, students should be able to read, write and speak simple Mandarin. These classes are targeted for students who are beginners. Students are going to learn basic Chinese through nature, art form, music, and game playing. 4 classes

AHA CPR & First Aid/AED

Activity #:	Date:	Day:	Age:	Time:	Fee:
250614C	2/6	SA	16+	12-4PM	\$55
250614D	4/2	SA	16+	12-4PM	\$55

Instructor: Susan Day

This course combines lectures, demonstrations and video with hands-on training and practice. Learn to recognize and respond to shock, cardiac and breathing emergencies for adults, children and infants, heat and cold emergencies, sudden illnesses and poisonings. First aid for cuts, scrapes, muscle, bone and joint injuries will be taught. Class fee includes all materials. Bring packed lunch/snacks. In order to pass the class, participants have to be able to be on the floor and perform the skills. 1 class

Medicine Administration Trainings & Daily Health

Activity #:	Topic:	Date:	Register By:	Day:	Age:	Time:	Fee:
240609A	MAT	2/13	2/1	SA	18+	12-6PM*	\$160
240609B	Daily Health	2/13	2/1	SA	16+	6-7PM	\$15

Instructor: Jan Cushen

Pre-requisite: Proof of current certification in CPR & First Aid

*Participants should plan to stay late if necessary to complete testing. **MAT:**

This is a competency based course to train childcare providers on how to safely administer medication to infants through children age 12 through the following routes: oral, topical, inhaled, nebulized, medicated patches, eye, ear, nose & emergency injection of epinephrine using an auto-injector device. People who work in licensed or regulated child day programs and give medications to children are required by the code of Virginia to satisfactorily complete this training by passing written and practical tests. Participants must bring a 3-ring binder, post-it notes, and photo id to both classes. Successful completion of final tests is required for certification. Space is limited. **Daily Health Observation:** Learn how infectious diseases are spread, perform daily health assessments on children and identify signs and symptoms of contagious diseases in children to exclude them if necessary to prevent the spread of disease. Discuss OSHA requirements for health and safety practices for childcare staff.

INSTRUCTORS NEEDED

Do you have a special talent that you would like to share with others?

Call 540-955-5140 for more information or stop by the Clarke County Recreation Center for an employment application.

Oops!! We canceled your class because we didn't know you were interested. Sometimes we have wonderful classes with excellent instructors canceled because people wait to register. Our programs have minimum enrollment requirements that must be met in order to hold the class. So don't wait, register today!



Technology Classes

Activity #:	Topic:	Date:	Day:	Age:	Time:	Fee:
240613A	Windows Basic	1/9	SA	16+	9AM-12PM	\$22
240613B	Inter Word	1/23	SA	16+	9AM-12PM	\$22
240613C	Excel	2/6	SA	16+	9AM-12PM	\$22
240613D	Iphone	2/27	SA	16+	9AM-12PM	\$22
240613F	Android	3/12	SA	16+	9AM-12PM	\$22
240613G	Inter Powerpoint	3/19	SA	16+	9AM-12PM	\$22
240613H	Social Networking	4/9	SA	16+	9AM-12PM	\$22
240613I	Google Apps	4/23	SA	16+	9AM-12PM	\$22

Instructor: Patrick Hausamann

Location: Johnson Williams Middle School Computer Lab 117

Windows Basics: Learn the basics of a Windows based personal computer. The class will include proper start-up and shut down, running updates, basic troubleshooting, keyboard shortcuts and adding/removing software among others. Tutorials and help sites will be provided for ongoing support.

Intermediate Word: Begin with customizing the appearance of MS Word's toolbar and move onto many intermediate uses including text styles with tables of contents, inserting and formatting charts, images, etc., themes, watermarks, reference formatting and mail merge letters with this class. Time for questions will be provided throughout as well as tutorial links for attendees to take with them.

Excel: Upon completion of this course, participants will understand how and why to use a spreadsheet, be able to create and format worksheets, and know how to incorporate basic formulas to add more functionality to the worksheet.

iPhone: An introduction to iOS (iPhone) based cell phones. Basic use, organization and apps will be covered. Information and tutorials will be provided for assistance.

Android: An introduction to Android based cell phones. Basic use, organization and apps will be covered. Information and tutorials will be provided for assistance after the session.

Intermediate Powerpoint: Learn many features of PowerPoint through a review of advanced features and creation of a multi-slide presentation. Features reviewed will include slide show sections, inserting and formatting video, images, charts, etc., custom slide backgrounds, transitions, animations, and research. Time for questions will be provided throughout as well as tutorial links for attendees to take with them. 1 class

Social Media & Networking 101: Learn the basics of setting up safe social networking accounts with Facebook and Twitter. Walk through the creation of the accounts, security settings, friending/following, how to post content to each (comments, pictures, videos, etc.). If time remains, other popular social networking websites and apps will be introduced such as Pinterest & Instagram among others. Learn how to connect with distant relatives & friends around the world instantly & maybe even make some new ones! All attendees should have a working email address.

Google Apps 101: Ever wanted to learn about all of the things that come with a Google account? We will look at the basic productivity apps such as Gmail and Drive but also dive into customizing your internet browsing with Chrome, how to create your very own website with Google Sites, and curating your own YouTube channel. Time spent on topics will be driven by the participant's interest and resources will be provided to explore all of the many apps that Google offers outside of the class. Come learn about the awesome Google apps from a Google for Education Certified Trainer!

INSTRUCTORS NEEDED

Do you have a special talent that you would like to share with others?

Call 540-955-5140 for more information or stop by the Clarke County Recreation Center for an employment application.

General Interest continued

ASL –Beginner Adults

Activity #:	Date:	Day:	Age:	Time:	Fee:
210712A	3/15-4/19	TU	16+	6-8PM	\$75

Instructor: Donna Day

Discover the joy of communicating with the people who are deaf/hard of hearing in your workplace. Our instructor, Donna Day, deaf herself, is an experienced certified sign language instructor who designed this class for our local community to come together and learn the basics of American Sign Language. This 6-Week Course is for **Beginner Adults**. Participants will learn the basic fundamentals of finger-spelling and understanding ASL sentence structures, including proper eye movement, facial grammar and body posture. **No books require but there will be a One-Time fee of \$15, payable to instructor on the first day of class for weekly handouts.** Any question, contact Donna Day at dday@accessindependence.org.



Oops!! We canceled your class because we didn't know you were interested. Sometimes we have wonderful classes with excellent instructors canceled because people wait to register. Our programs have minimum enrollment requirements that must be met in order to hold the class. So don't wait, register today!



Kid's Core-ner

After School with the Park for 2015/2016 School Year

Activity #:	Date:	Day:	Age:	Time:	Fee:
511101E	December	M-F	K-5th Grade	3-6PM	\$135*
511101F	January	M-F	K-5th Grade	3-6PM	\$180*
511101G	February	M-F	K-5th Grade	3-6PM	\$180*
511101H	March	M-F	K-5th Grade	3-6PM	\$180*
511101I	April	M-F	K-5th Grade	3-6PM	\$180*
511101J	May	M-F	K-5th Grade	3-6PM	\$180*
511101K	June	M-F	K-5th Grade	3-6PM	\$ 90*

At time of registration the first month tuition plus \$25 non-refundable registration fee is due.

Registration Began: 6/2/15

The After School Program is a State Licensed Program located at Clarke County Parks & Recreation Active Living Center. This program runs daily on regular school days and provides full day care on teacher workdays (there is an additional fee on full days). Transportation is provided to Clarke County Recreation Center by Clarke County Public Schools, for children who attend D.G. Cooley Lower and Upper Campus and Boyce Elementary. **The After School Program follows Clarke County Public School schedule and is subject to change.** Registration packets are available for **pick up** at the front desk. **At time of registration, you must bring:** 1) Completed Registration Packet/Forms 2) The Child's Original Birth Certificate for CCPR staff to view and record. 3) A copy of the Child's Immunization Records and a copy of the child's Complete School Physical Examination. **(Allow two week days (M-F) to process your registration)** *Paid Monthly

Schools Out for the Day

Activity #:	Date:	Day:	Age:	Time:	Fee:	After School Participants
511101O	1/14/16	TH	K-5th Grade	7:30AM-6PM	\$25	\$16
511101P	1/15/16	F	K-5th Grade	7:30AM-6PM	\$25	\$16
511101Q	4/4/16	M	K-5th Grade	7:30AM-6PM	\$25	\$16
511101R	6/10/16	F	K-5th Grade	7:30AM-6PM	\$25	\$16

Registration Began: 6/2/15

Participants will take part in a variety of recreational activities. Please wear athletic shoes and don't forget to bring a packed lunch each day. (A morning and afternoon snack is provided.) Participants are required to provide the same registration information as our After School Program. Registration packets are available for pick up at the front desk at the Recreation Center. **This program follows Clarke County Public School schedule and is subject to change.** For inclement weather delays or closing information listen to 92.5 WINC FM or visit our Facebook page. **(Allow two week days (M-F) to process your registration)**

Spring Break Day Camp

Activity #:	Date:	Day:	Age:	Time:	Fee:
250708A	3/21	M	K-5th Grade	7:30AM-6PM	\$25
250708B	3/22	TU	K-5th Grade	7:30AM-6PM	\$25
250708C	3/23	W	K-5th Grade	7:30AM-6PM	\$25
250708D	3/24	TH	K-5th Grade	7:30AM-6PM	\$25
250708E	3/25	F	K-5th Grade	7:30AM-6PM	\$25

Registration Deadline: 3/4/16

Are you looking for some fun activities for your child over their Spring Break? If so, this camp is ideal for them. Participants will take part in a variety of activities such as arts and crafts, sports, free play, and more. Please wear athletic shoes and don't forget to bring a packed lunch each day. (A morning and afternoon snack is provided.) Participants are required to provide the same registration information as our After School Program. Registration packets are available for **pick up** at the front desk at the Recreation Center. **This program follows Clarke County Public School schedule and is subject to change.** Sign up early, or this program will be cancelled if it doesn't meet the minimum enrollment by March 4, 2016 deadline.

Parent's Night Out

Activity #:	Date:	Day:	Age:	Time:	Fee:
220714A	1/23	SA	3-12*	5-9 PM	\$16 (\$12pp for 2+ kids)
220714B	2/13	SA	3-12*	5-9 PM	\$16 (\$12pp for 2+ kids)
220714C	3/19	SA	3-12*	5-9 PM	\$16 (\$12pp for 2+ kids)

Kids come over to the Park for a **Pizza Party, FUN and Games** and give your Parents a Night OUT! Inquire at the park for further details—Emergency Forms must be completed for all participants prior to enrollment. *Participants must be potty trained to attend program. 1 class

Ranch Programs

Activity #:	Date:	Day:	Age:	Time:	Theme/Fee:
220712A	4/22	F	3+	6:30-8:00PM	Family Night /\$20/family

Location: Full Moon Ranch, Berryville, VA

Put your jeans on; grab your hat and head to the ranch. Clarke County Parks and Recreation has teamed up with Pony to Go/Full Moon Ranch to offer some exciting nights on the ranch. Pony rides, farm tour, petting zoo and children's activities included on Family Nights. Tween Nights farm tour and Tween activities. For more details or schedule **optional trail rides go to: www.ponytogo.com** Children must be accompanied by parent/guardian for family night out. Tweens prepare to get a little dirty!

Girls Night Out!

Activity #:	Date:	Day:	Age:	Time:	Fee:
220710A	3/5	SA	5-17	6-8:30PM	\$5

Girls just want to have fun, so bring them out for this fun filled evening of friendship and entertainment. Come dressed to participate in activities, dancing, crafts, games & much more. Vendors and Volunteers needed: Contact the park for further details. Food and drinks we be sold to benefit the Clarke County Senior Center **(We will also be accepting can goods for local food bank each item gets you a raffle ticket)**

Video Game Tournament

Activity #:	Date:	Day:	Age:	Time:	Fee:
220711A	3/25	Friday	10+	7-9PM	TBD

Come out and show off your gaming skills and learn some new tricks too. The staff from **Press Start** will be running a **Video Game Tournament** and have other games to try out and video game challenges, answer questions, buy, sell trade games and equipment. Food and drinks we be available **(We will also be accepting can goods for local food bank each item gets you a raffle ticket)** **Contact the park for more details 540-955-5140.**

CCPR
Gift Certificates
are a Great Gift!!!

Pre-Ballet I

Activity #:	Date:	Day:	Age:	Time:	Fee:
210705A	1/22-2/5	F	3-5	4-4:30 PM	\$22
210705B	2/12-2/26	F	3-5	4-4:30 PM	\$22
210705C	3/18-4/8(No 3/25)	F	3-5	4-4:30 PM	\$22

Instructor: Cassie Boyd

This class focuses on exploring movement in all forms. Imagination and investigation are an important part of discovery. This class will teach students freedom through movement while learning in a structured environment. Students will learn basic ballet technique and vocabulary through structured practice and dance games. 3 classes



Ballet/Tap I

Activity #:	Date:	Day:	Age:	Time:	Fee:
210704A	1/22-2/5	F	3-6	4:35-5:20PM	\$26
210704B	2/12-2/26	F	3-6	4:35-5:20PM	\$26
210704C	3/18-4/8(No 3/25)	F	3-6	4:35-5:20PM	\$26

Instructor: Cassie Boyd

Students will learn beginning ballet technique and vocabulary through structured practice and fun dance games! Tap dance will also be introduced, with focus on learning the different sounds and rhythms that can be made with different movement in further training. 3 classes

Advanced Ballet/Tap

Activity #:	Date:	Day:	Age:	Time:	Fee:
210704D	1/22-2/5	F	4½-7	5:25-6:10PM	\$26
210704E	2/12-2/26	F	4½-7	5:25-6:10PM	\$26
210704F	3/18-4/8(No 3/25)	F	4½-7	5:25-6:10PM	\$26

Instructor: Cassie Boyd

This class will review and expand on material learned in Ballet/Tap I. Dancers will continue to improve their technique and vocabulary, with more attention to detail. Advanced beginner material may be covered, but no experience is necessary to join. 3 classes

*Spring Dance Recital

Participants in Session 3 will be demonstrating the skills and techniques that they learned.

The Spring Dance recital will be held on April 8th during their last class time.

Refreshments will be served for dancers/families.

Jazz/Hip Hop

Activity #:	Date:	Day:	Age:	Time:	Fee:
250713A	1/22-2/5	F	6-12	6:15-7PM	\$22
250713B	2/12-2/26	F	6-12	6:15-7PM	\$22
250713C	3/18-4/8(No 3/25)	F	6-12	6:15-7PM	\$22

Instructor: Cassie Boyd

Jazz and Hip Hop are truly American dance styles. Originating from swing dance, jazz is upbeat and exciting, while hip-hop is heavy and low to the ground. Students will explore dynamic, energized movement to exciting music. Technique and safety will be important in the learning process. 3 classes

Teen Jazz/Hip Hop

Activity #:	Date:	Day:	Age:	Time:	Fee:
250713D	1/22-2/5	F	10-16	7:05-7:50PM	\$22
250713E	2/12-2/26	F	10-16	7:05-7:50PM	\$22
250713F	3/18-4/18(No 3/25)	F	10-16	7:05-7:50PM	\$22

Instructor: Cassie Boyd

Jazz and Hip Hop are truly American dance styles. Originating from swing dance, jazz is upbeat and exciting, while hip-hop is heavy and low to the ground. Students will explore dynamic, energized movement to exciting music. Technique and safety will be important in the learning process. 3 classes

Afterschool Reading

Activity #:	Date:	Day:	Age:	Time:	Fee:
210713A	1/12-2/2	TU	7-10	4:45-5:45PM	\$44
210713B	2/9-3/1	TU	7-10	4:45-5:45PM	\$44
210713C	3/8-3/29	TU	7-10	4:45-5:45PM	\$44
210713D	4/5-4/26	TU	7-10	4:45-5:45PM	\$44

Instructor: Allyson Allison

AS Reading course is design for those students who need a little extra help with reading comprehension, phonetics, or spelling. This course is also for those students who are ready to step up and read to the next level. This tutoring session will increase reading awareness, with a 1 to 4 ratio. Students will enjoy stories on their level, reading drills, and other methods to increase skill level. 4 classes

Creative Children

Activity #:	Topic:	Date:	Day:	Age:	Time:	Fee:
210703A	Valentines & Candy Making	2/6	SA	5-12	9-11AM	\$12

Instructor: Allyson Allison

Your children will enjoy making various crafts while socializing with others. Children will create unique Valentine's Day cards and learn how to make their own candy. 1 class

210713E - Tutoring

NOW Available with Ms. Allyson

Tutoring for K-6th grade. This is the extra help your student needs to succeed in school. Each session will help the student excel in many subjects including reading, writing/grammar, phonics, spelling, math, science and history. Your student will be assessed and given exercises to help them progress.

The instructor will assist with homework if needed. Organization and test taking skills will also be incorporated in this session. Sessions are scheduled for 45 min on Tuesday and Thursdays for \$30/session.

Teddy Bear Tea Party

Activity #:	Date:	Day:	Age:	Time:	Fee:
210714A	3/12	SA	2-4	1-2 PM	\$15

Instructor: Allyson Allison

Come out and play! Bring your friends and make some new ones. Snacks and refreshment will be provided. We will read classic stories and make-up some of our own. 1 class.

Wee Gym

Wee Gym, provides young children fantastic learning opportunities to develop locomotion, confidence, balance and motor skills. Specific, age appropriate safety approved equipment including mats for jumping and tumbling, balls for bouncing and rolling, age appropriate manipulatives and parachutes for group activities provided in a safe, fun environment. This is an unstructured program and you are your child's instructor. Program runs January thru February, Tuesdays & Fridays 9:00AM-12:00 PM Open to all children ages 0-5 when accompanied and supervised by an adult \$3.00 for one adult and one child, \$1.00 for each additional child.



Sports & Athletics

Pre-school Gymnastics

Activity #:	Date:	Day:	Age:	Time:	Fee:
210901A	1/14-1/28	TH	3-5	5:30-6:15PM	\$29*
210901B	2/4-2/25	TH	3-5	5:30-6:15PM	\$39
210901C	3/3-3/24	TH	3-5	5:30-6:15PM	\$39
210901D	4/7-4/28	TH	3-5	5:30-6:15PM	\$39

Location: D.G. Cooley Gym

Pre-school Gymnastics

Activity #:	Date:	Day:	Age:	Time:	Fee:
210901E	1/14-1/28	TH	3-5	6:30-7:15PM	\$29*
210901F	2/4-2/25	TH	3-5	6:30-7:15PM	\$39
210901G	3/3-3/24	TH	3-5	6:30-7:15PM	\$39
210901H	4/7-4/28	TH	3-5	6:30-7:15PM	\$39

Location: D.G. Cooley Gym

Gymnastics I

Activity #:	Date:	Day:	Age:	Time:	Fee:
210902A	1/14-1/28	TH	6-8	4:15-5:15PM	\$39*
210902B	2/4-2/25	TH	6-8	4:15-5:15PM	\$49
210902C	3/3-3/24	TH	6-8	4:15-5:15PM	\$49
210902D	4/7-4/28	TH	6-8	4:15-5:15PM	\$49

Location: D.G. Cooley Gym

Gymnastics I

Activity #:	Date:	Day:	Age:	Time:	Fee:
210902E	1/14-1/28	TH	6-8	6:15-7:15PM	\$39*
210902F	2/4-2/25	TH	6-8	6:15-7:15PM	\$49
210902G	3/3-3/24	TH	6-8	6:15-7:15PM	\$49
210902H	4/7-4/28	TH	6-8	6:15-7:15PM	\$49

Location: D.G. Cooley Gym

Combo Gymnastics I & II

Activity #:	Date:	Day:	Age I	Age II	Time:	Fee:
210904A	1/14-1/28	TH	6-8	9-15	5:15-6:15PM	\$39*
210904B	2/4-2/25	TH	6-8	9-15	5:15-6:15PM	\$49
210904C	3/3-3/24	TH	6-8	9-15	5:15-6:15PM	\$49
210904D	4/7-4/28	TH	6-8	9-15	5:15-6:15PM	\$49

Location: D.G. Cooley Gym

Instructor: Christel Montgomery

Our **Gymnastic programs** are presented in cooperation with **Cheer Eruption**. They will focus on basic gymnastics skills featuring tumbling. Your child will learn good body positioning, strength training, and coordination using various pieces of equipment while being Safe and having FUN!! 4 Classes, *3 Classes only for the First Session, **Classes are subject to change**.

Note: Other classes may be added-use waitlist option if you cannot get into a class. The instructor may evaluate participants' skills to approve entrance into a class.

Cheer Tumble Level 1

Activity #:	Date:	Day:	Age:	Time:	Fee:
210905A	1/5-1/26	TU	5-11	4:15-5:15PM	\$75*
210905B	2/2-2/23	TU	5-11	4:15-5:15PM	\$75*
210905C	3/1-3/22	TU	5-11	4:15-5:15PM	\$75*
210905D	4/5-4/26	TU	5-11	4:15-5:15PM	\$75*

Instructor: Ann Gorman, Cheer Eruption

Location: D.G. Cooley Lower Campus Cafeteria**

Cheer Eruption is excited to bring their cheerleading tumble program to CCPR. This is a level 1 or beginner class designed for those children interested in learning tumbling to enhance their cheerleading skills. Level 1 cheerleading tumbling skills include: front & backward rolls, cartwheels, round-offs, front & back walk-overs, and progressions to back handsprings. *Tumblers receive a t-shirt! A level 2 program will be added once our level 1 class begins mastering skills. 4 classes ****Location may change**

COMMUNITY CHEER

Activity #:	Date:	Day:	Age:	Time:	Fee:
210905E	1/5-4/26*	TU	5-12	5:15-6:15PM	\$75/mo*

Instructor: Ann Gorman, Cheer Eruption

Location: D.G. Cooley Lower Campus Cafeteria**

Cheer Eruption is proud to EXCLUSIVELY bring "Community Cheer" to CCPR in September 2015! Community Cheer is Cheer Eruption's introductory program to All-Star Cheerleading. Your cheerleader will learn the basics of cheer and a competitive routine. *A three (3) month commitment is required as the team will also perform at a local high school sports event and all Cheerleaders will receive a team t-shirt and performance bow! **Location may change

Youth Open Soccer

Activity #:	Date:	Day:	Age:	Time:	Fee:
250907A	4/8-5/27	F	4-18	1:30-3:30PM	\$6

Participants must wear shin guards and bring their own soccer ball and water bottle. Parents are required to help out with this program to keep the cost low and keep it open. Participants will receive instruction in basic soccer skills: kicking, dribbling and passing the ball. Scrimmages will be set up with individuals according to age group.



FitEx is an 8-week physical activity and fruit/vegetable consumption program. Teams of 6 collectively set group goals and work to achieve them each week. The leader board displays the top teams of the week in your county and across the whole state. The individual profile page indicates personalized progress toward goals as well as contribution to the team goals. The program includes 9 weekly newsletters with recipes, tips, and commentary. For more information, contact your local Extension office, visit the **FitEx website**, or contact the program manager at admin@fit-ex.org.

Fencing Basics 101

Activity #:	Date:	Day:	Age:	Time:	Fee:
250911A	12/4-3/4(No 12/25, 1/1)	F	9& Up	6:30-7:45PM	\$175*

Instructor: David Copeland

Location: Boyce Gym

This 12 Week Course will cover the history of the sword, as it relates to fencing, dueling, and the beginnings of the sport. Students will get a basic understanding of all 3 weapons, how each one is used, and a basic understanding of the rules. From the first lesson and onward through the class, beginners will also acquire a basic understanding of proper footwork, blade work, form, and function. Students will also have the opportunity to fence using the same style of electronic equipment used in the modern Olympic Games. *A \$25 fee to cover USA Fencing Membership & glove is required for program. This fee is to be paid to the instructor. **Location subject to change.**

Epee 102

Activity #:	Date:	Day:	Age:	Time:	Fee:
250911B	12/4-3/4(No 12/25, 1/1)	F	9& Up	8:30-10PM	\$160*

Instructor: David Copeland

Location: Boyce Gym

Prerequisite: Fencing Basic 101 This class focuses on tactical strategies of epee, understanding tempo and timing, and holds the student to a higher physical demand. Students will learn epee blade work, footwork, acquire a good understanding of proper movement, and open bouting on electronic scoring equipment. They will spend equal time observing, refereeing, fencing, and in physical training. *A \$65 partial equipment purchase is required for program. This is to be paid to instructor. **Location subject to change.**

**Foil 102**

Activity #: Date: Day: Age: Time: Fee:
 250911C 12/4-3/4(No 12/25, 1/1) F 9& Up 7:30-9PM \$160*
 Instructor: David Copeland
 Location: Boyce Gym

Prerequisite: Fencing Basic 101. This class focuses on tactical strategies of foil, a greater understanding of the rules, and holds the student to a higher physical demand. Students will learn foil blade work, footwork, acquire a good understanding of proper movement, understand reffing and open bouting on electronic scoring equipment. They will spend equal time observing, refereeing, fencing, and in physical training. *A \$65 partial equipment purchase is required for program. This is to be paid to instructor. **Location is subject to change.**

Epee 202

Activity #: Date: Day: Age: Time: Fee:
 250911D 12/4-3/4(No 12/25, 1/1) F 12& Up 8:00-10PM \$190

Foil 202

Activity #: Date: Day: Age: Time: Fee:
 250911E 12/4-3/4(No 12/25, 1/1) F 12& Up 7:00-9PM \$190

REGISTRATIONS for fencing classes: checks to be made out to "Out of Nowhere Fencing" for more details: www.fencing4u.com (202 classes are for advanced students see instructor prior to enrolling)

Clarke County Parks and Recreation

has partnered with **Access Independence** to present:

Set a Course For Success:**5K Run / Walk / & Roll**

Saturday, April 9th, 2016

Race Day Registration - 1:30 PM - 2:45 PM

Event Starts - 3:00 PM

Fitness Trail-Chet Hobert Park,

Clarke County Parks & Recreation- 225 Al Smith Circle, Berryville VA 22611

Entry Fees: Race Day: \$15 Pre-Registration: \$10 Students: \$10
 Please make checks payable to: Access Independence, Inc.

Mail check & pre-registration form to:

5KRRW; Access Independence; 324 Hope Drive; Winchester VA 22601

Drop off Registration/payment:

Clarke County Recreation Center - 225 Al Smith Circle, Berryville, VA 22611

Contact: Kathleen Clarke, kclarke@accessindependence.org 540-662-4452

Help us kick-start the Access Independence disAbility Awareness Week 2016 events

Clarke County Wrestling Club

Activity #: Date: Day: Age: Time: Fee:
 250902A 3/2-5/25(No 3/23) W 1st-12th Grade 5:45-7:30PM \$40
 Instructor: Jon VanSice and Staff
 Location: JWMS - Cafeteria

They will learn basic wrestling positions, skilled moves, and conditioning while having Fun! CCPR Wrestling is for grade school through high school. Athletes will participate in circuits to improve their speed, quickness and techniques using "Basic Skills" to prepare them for joining a wrestling team. Experienced Wrestlers/Volunteers are welcome for further information please contact Jon VanSice blueridgegardens@gmail.com *subject to change

New 2016 Archery Classes and Camps are now forming!

We are looking for interested participants, instructors as well as candidates for the Level I Archery Instructor Class to be offered this Spring. Please contact the park for more details or email Tracey Pitcock at tpitcock@clarkecounty.gov.

Co-ed Softball Organizational Meeting

There will be an organizational meeting at the Recreation Center for the CCPR Co-ed Softball League on **Monday, April 11th at 7:00 PM**. Anyone interested in placing a team in the league or playing in the league should contact the park and plan to attend this meeting.

**Clarke County Youth Sports Organizations**

Clarke County Youth Basketball
 Joe Braithwaite 955-2147
clarkecountyyouthbasketball.com
 P.O. Box 82 Berryville, VA 22611

Clarke County Youth Soccer
 Hotline.....955-9002
clarkesoccer.org
 P.O. Box 720 Berryville, VA 22611

Clarke County Little League...955-9950
 Kim Braithwaite 955-2147
Eteamz.com/clarkecountylittleleague
 P.O. Box 812 Berryville, VA 22611

Clarke County Youth Cheerleading
 Amy Eichenlaub 540-907-1832
cheerleading@clarkeyouthfootball.org

Clarke County Youth Football
 Pete McLean540-450-6222
www.clarkeyouthfootball.org
info@clarkeyouthfootball.org
 P.O. Box 967 Berryville, VA 22611

Shenandoah Valley Youth Lacrosse
 Sean Bordner
svylax@gmail.com
<http://svyl.uslaxteams.com>



Special Events

Try It for **FREE** Fitness Day

Activity #:	Date:	Day:	Age:	Time:	Class:	Fee:	Instructor:
250801B	1/2	SA	16+	10-11AM	Zumba	FREE	Deborah
250801C	1/2	SA	16+	11AM-12PM	Total Fit	FREE	Shannon
250801E	1/2	SA	16+	1-2PM	HipHop Cardio	FREE	Nichole
250801G	1/2	SA	16+	3-3:30PM	FITT Forever	FREE	Jane
250801H	1/2	SA	16+	3:30-4PM	Sit & FITT	FREE	Jane
250801I	1/2	SA	16+	4-4:30PM	Fluid Motion	FREE	Jane
250801J	1/2	SA	16+	4:30-5PM	R&R Yoga	FREE	Jane
250801K	1/2	SA	16+	5-5:30PM	Tai Chi	FREE	Jane
250801L	1/2	SA	16+	5:30-6PM	Strength & Stretch	FREE	Jane
250801O	1/2	SA	3-6	7-7:30PM	Little Ninjas	FREE	Steve
250801P	1/2	SA	7+	7:30-8PM	Kemppo	FREE	Steve

This is your chance to try before you buy! Our instructors will be onsite demonstrating the classes they teach so you can find the class(es) that fit your needs!

Egg Hunt with the Easter Bunny

Activity #:	Date:	Day:	Age:	Time:	Fee:
250802A	3/19	SA	1-2	11AM	\$3
250802B	3/19	SA	3-4	11:20AM	\$3
250802C	3/19	SA	5-7	11:40AM	\$3

Bring a basket to hold all the eggs you'll find. After the hunt, participants can select a prize for each egg they found. Don't forget the camera for those photo opportunities with the Easter Bunny. In the event of inclement weather, the event will be held in the Recreation Center.

Earth Day Walk & Clean Up

Activity #:	Date:	Day:	Age:	Time:	Fee:
250804A	4/19	TU	All	6PM	Free

Come out for an leisurely walk around the park and help us by cleaning up litter.



Clarke County Movie Nights

Clarke County Parks and Recreation has partnered with Alamo Drafthouse Cinema and Access Independence for a special showing of a "Holiday Classic" in OC "OC is Open Captions" which has both captions and sound to allow all of our families and our Deaf and Hard of Hearing community a night to enjoy.

Gift baskets will be raffled off with proceeds going towards outreach programs. **"Holiday Classic Film" in December**
Dates and times are subject to change.

For ticket and movie info contact the Alamo at 540-313-4060 or go to: <http://drafthouse.com/winchester>

Trips & Tours

Spring Hikes

Activity #:	Date:	Day:	Age:	Time:	Fee:	Location:
241001A	1/23	SA	18+	9-1PM	\$12*	Cool Spring Battle Field
241001B	2/11	TH	18+	9-1PM	\$12*	Bears Den Rocks
241001C	2/27	SA	18+	9-1PM	\$12*	Overall Run-Waterfalls
241001D	3/10	TH	18+	9-1PM	\$12*	Above Sky Meadows
241001E	3/24	TH	18+	9-3PM	\$12*	Crescent Rocks

Instructor: Lee Shaeffer

Saturday January 23, Cool Spring Battle Field; This former golf course provides a delightful winter hike along the Shenandoah River. The path is paved and easy to follow and the hike has other features such as waterfalls and a view.

Thursday February 11, Bears Den Rocks and Hostel; A tour around the grounds of Bears Den hostel including side trails, the Appalachian Trail and the outstanding view from Bears Den Rocks.

Saturday February 27, The Waterfalls of Overall Run; This eight mile hike in Shenandoah National Park includes two waterfalls, one the highest in the park. If conditions are cold enough the large waterfall will freeze into a wonderful icefall. Good views are also on tap at the upper falls.

Thursday March 10, Above Sky Meadows State Park; This six mile loop includes the old and the new Appalachian Trail just south of US Route 50. The new section of trail includes a walk across open meadow with outstanding views and a side trail takes us down to the Paris overlook with board views to the east.

Thursday March 24, Crescent Rocks; This six mile up and back on the Appalachian Trail features on of the best views in the northern Virginia area. Spring Meet-up Hikes will meet at the park, Meet new friends and get ready to hike. Wear hiking boots, dress for weather, bring lunch and water. Contact park for more info about hikes and hike activity levels. *Supplemental cash is recommended for stops and compensation for drivers.





Winter Trips

"Matilda the Musical" at Kennedy Center, Washington D.C. - Saturday, January. 09, 2016. Cost: \$167.00. 8:00am - Winchester/Schrock Terminal. NO local pick-up. Matinee Performance

A Day in New York City: April 9, May 14, August 20, October 8, December 3, 2016 - Cost: \$79.00. 4:00am - Winchester/Schrock Terminal. NO local pick-up.

2016 Philadelphia Flower Show - Tuesday, March 8, 2016. Cost: \$92.00 (includes show ticket)

6:45 am - Clarke County Parks & Rec **Local Pick up fee \$10** - 7:00am - Winchester/Schrock Terminal

Highland Maple Festival, Monterey, Virginia, Saturday. March 19, 2016. Cost: \$53.00

7:00am - Winchester/Schrock Terminal. NO local pick-up

Cherry Blossom Odyssey Cruise, Washington, D.C. Wednesday, April 5, 2016 Cost: \$117.00 (includes Luncheon Cruise) **7:30 am** - Clarke County Parks & Rec **Local Pick up fee \$10** - 8:00am - Winchester/Schrock Terminal

Ocean City, MD SPRINGFEST Saturday, May 7 Cost: \$79.00

5:30am - Winchester/Schrock Terminal **5:45 am** - Clarke County Parks & Rec **Local Pick up fee \$10**

Clarke County Parks and Recreation in partnership with Schrock Travel are pleased to offer day trips and multi-day tours with a Schrock Motorcoach and Tour Director. We have made arrangements for local pick up at the park for some of the trips based on reservations.

Please Contact Schrock Travel at

540-678-2871

Multi-Day Tours

January 30 - February 16, 2016 - A FLORIDA WINTER VACATION -

Featuring Clearwater Beach, Tampa, & The VILLAGES

Join Larry & Dottie Schrock - It's everyone's winter dream come true - a vacation away from cold weather in sunny Florida! **Tour Highlights:** 2 nights Lodging in route to/from Florida/7 Nights Lodging at Coconut Cove All-Suite Hotel, Clearwater Beach, FL/1 Night at the Hampton Inn Downtown/Ybor City, Tampa, FL/7 Nights Hotel Lodging at the Waterfront Inn in the Villages - Personal Golf Car for two - entire stay/Trolley Orientation Tour/Recreational Activities/Nightly Entertainment at Town Square/The Dali Museum/ Florida Orange Grove Winery/ The Florida Aquarium. **\$500 Deposit will reserve your seat! - Final Payment December 20th**

Cost per person: Double: \$2,445.00 / Single: \$3,865.00



Multi-Day Tours continued...

March 3 - 14, 2016 - HAWAII FOUR ISLANDS

Featuring Oahu, Kauai, Maui and Hawaii Island (the "Big Island")

Schrock Guaranteed Departure / 12 Days • 15 Meals

See the lush tropical forests, stunning waterfalls, steaming volcanoes, and idyllic beaches of America's Pacific paradise — HAWAII. **Cost per person:**

Double \$4,729.00 / Single: \$6,288.00

Call for a Brochure!

540-955-5140

April 13 - 15, 2016 - 2016 CINCINNATI FLOWER SHOW, Cincinnati, Ohio - "The King of all Flower Shows" It is the only North American show endorsed

by the Royal Horticultural Society!

Bursting with dozens of glorious gardens and plant collections, every garden in this massive pavilion expresses a unique style and offers a myriad of ideas with the use of color, design and ingenuity. Tour Highlights include: Tickets for the 2016 Cincinnati Flower Show / Luncheon Cruise with a Gardening Expert / Two Musical Shows / Dinner at the Newport Syndicate / Visit McCabe's Greenhouse & Floral for a hands-on Gardening Project / MainStrasse Village / 2 Nights Lodging at the Holiday Inn Covington Riverfront / 5 Meals - 2B, 2D, 1L / A Schrock Motorcoach & Tour Director. **Cost per person: Double - Based on 20 - \$687.00 / Based on 28 - \$619.00 / Based on 36 - \$579.00**

Trips and Tours Meeting

Do you like to travel - Ready to explore the Outdoors?

YOU are invited to our upcoming Trips and Tours Meeting on Monday, January 25th at the Recreation Center from 6:00-7:30 PM.

We will be reviewing the details of our **Hikes, Day - Multi-day Trips, and Cruises** - introducing **Outdoor Programming**. Send us your email address as we our **starting a new list!**

Please **RSVP** via email to tpitcock@clarkecounty.gov or call 540-955-5140 to save a spot.



**Find us on
facebook**





FACILITY RENTAL FEES

As of December 2014

*Clarke County Based Non-Profit Organizations Qualify For An Additional Discount On Fees.
A Copy of the 501C3 Form Must Be Provided.

Facility	Base Fee (Non-Residents)	Additional Fees	Discount Fee (County Resident)	Additional Fees	Clarke County Non-Profit Organizations
Shelters	36.00 for 4 hours (4 hr. min)	8.00 per add. hr.	28.00 for 4 hours (4 hr. min.)	6.00 per add. hr.	50% discount
Tennis Courts	15.00 p/h per court		10.00 p.h per court		50% discount
Softball/ Baseball	25.00 p/h per field	Drag 20.00 Line 10.00 Lights 10.00 p/h	20.00p/h per field	Drag 20.00 Line 10.00 Lights 10.00 p/h	50% discount (For field rental fee; No reduction for dragging, lining or lights)
Soccer Field 1,2 and Practice Field Filed 3.4 and 10 U6 and U8	25.00 p/h per field	Line 60.00 Line 40.00 Line 20.00	20.00 p/h per field	Line 60.00 Line 40.00 Line 20.00	50% discount (For field rental fee; No reduction for dragging, lining or lights)

Swimming Pool	Base Fee (Non-Residents)	Discount Fee (County Resident)	*Clarke County Non-Profit Organizations	Additional Fees
Full Rental	210.00 2-hr. max.	190.00 2-hr. max.	170.00 2-hr. max.	Additional Lifeguards \$30

Pool rental includes 3 guards to accommodate 100 people. If expecting more than 100 people they must pay for an additional guard for every 30 people.

Recreation Center	Base Fee (Non-Residents)	Discount Fee (County Resident)	*Clarke County Non-Profit Organizations
Full Gym	60.00 p/h	50.00 p/h	50% discount
Half Gym Rental	30.00 p/h	25.00 p/h	50% discount
Multi-Purpose Room	30.00 p/h	20.00 p/h	50% discount
"Kitchen" Room	30.00 p/h	20.00 p/h	50% discount
Full Facility	70.00 p/h up to 8 hrs. 40.00 each additional hr.	60.00 p/h up to 8 hrs. 30.00 each additional hr.	50% discount
Active Living Center Main Room	\$50.00	\$50.00	50% discount
ALC Kitchen	\$25.00	\$25.00	50% discount
Supervisor Fee	\$15.00 p/h	\$15.00 p/h	No discount

*Anyone renting the kitchen at any time in the ALC must have a supervisor or renting any other room in the entire recreation center or active living center during off hours must hire a supervisor.

***Additional Recreation Center Fees charged if needed:

Floor Covering: \$145.00; Additional Staff: \$15.00 p/h; Wee Gym Set-up: \$16.00

***Above rental fees apply to personal use. Any private individual or organization renting park facilities and charging fees must pay 15% of their gross profits to the Clarke County Parks and Recreation Department. Any such activities must also be approved by the Clarke County Parks and Recreation Department. Rules and restrictions will apply. *Clarke County Non-Profit organizations should contact the Park for their rate.

Registration Information

How to Register

WALK IN – to the Clarke County Recreation Center during normal operating hours.

MAIL IN – Enclose your registration form and check or *credit card information and mail to: CCPR - Program Registration, 225 Al Smith Circle, Berryville, VA 22611

PHONE IN - Call us at 540-955-5140 during normal operating hours. Be sure to have your registration information and credit card information accessible at the time that you call.

FAX IN - for 24-hour service, you can fax your registration form with *credit card information to 540-955-4049.



Registration begins at 9:00 AM December 7, 2015 for Clarke County residents and December 9, 2015 for non-Clarke County residents, unless otherwise noted in program description.

Fees

Payment must accompany registration. A \$25 fee is charged for returned checks.

Refunds

Refunds will be given for medical reasons only and must be requested one week prior to the class. A \$5.00 administrative fee will be charged for all refunds. Class credits will be issued for cancellations less than one week prior to the class for medical reasons only. If the P&R Department cancels a program, a full refund will be processed.

Cancellations

We reserve the right to cancel a program due to insufficient enrollment. It requires a certain number of individuals to justify holding a program and if that minimum is not reached, the course is cancelled. **Programs not meeting minimum enrollment three weekdays prior to class will be cancelled. PLEASE REGISTER EARLY.**

Inclement Weather

In the event of inclement weather, cancellation will be announced on local radio stations. If programs are cancelled, every attempt will be made to reschedule the program.

Accommodations

CCPR is committed to providing recreation for all persons. Every reasonable effort will be made to provide accommodations based on individual need. Please contact us prior to the program's start date for assistance. If assistance is needed for the hearing impaired please call Virginia Relay Center at 1-800-828-1140.

We are updating our records. Please keep us informed of any changes to your household information

All programs are held at the Chet Hobert Park unless otherwise noted.

HOUSEHOLD REGISTRATION

PLEASE PRINT:

PRIMARY HOUSEHOLDER (Last Name) _____ (First) _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

HOME PHONE _____ WORK PHONE _____ E-mail Address _____

☐ MALE ☐ FEMALE DATE OF BIRTH _____

SECONDARY HOUSEHOLDER (Last Name) _____ (First) _____

WORK PHONE _____ E-mail Address _____ ☐ MALE ☐ FEMALE DOB _____

EMERGENCY CONTACT PERSON _____ PHONE _____

(Other than someone in your household)

Participant Name (Last, First)	Date of Birth	Sex (M/F)	Activity Code							Session	Program Name	Fee
Sample, John	9/17/92	M	2	2	0	2	0	5	A	2	Children's Pottery	\$30
TOTAL												

IF PAYING BY CREDIT CARD PLEASE COMPLETE THE FOLLOWING:

☐ Visa ☐ MasterCard ☐ Discover CVV#: _____

Exp. Date _____ Card # _____

Signature _____

for office use only

FEE _____ ☐ CASH ☐ CHECK ☐ CREDIT CARD

DATE RECEIVED: _____ RECEIVED BY: _____

MAKE CHECKS PAYABLE TO "CCPR"